

Esta es una manera divertida para familiarizar las frutas y las verduras.

¡Es más probable que sus hijos los prueben! (bottom sentence)

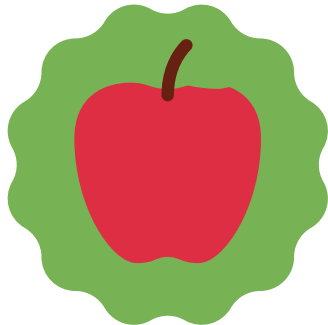
Bingo de Sabores

**COOKING
MATTERS**[®]

Tasting Bingo

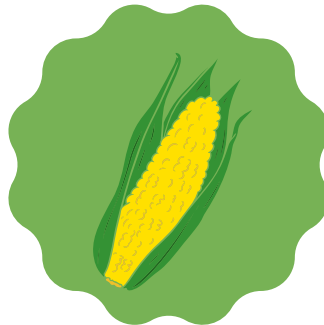
Tratar de obtener 3 comidas consecutivas basados en lo que su familia saborea

**TRY TO GET THREE IN A ROW BY CROSSING OUT
EACH ONE YOUR FAMILY TASTES**



Apple

Manzana



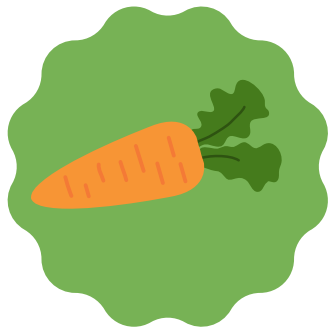
Corn

Elote



Broccoli

Brocoli



Carrot

Zanahoria



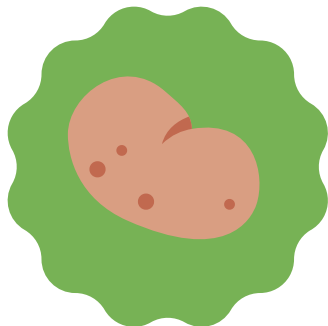
Fill in the blank

Llena el Espacio



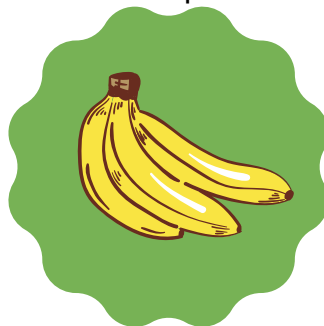
Pepper

Pimiento Morrón



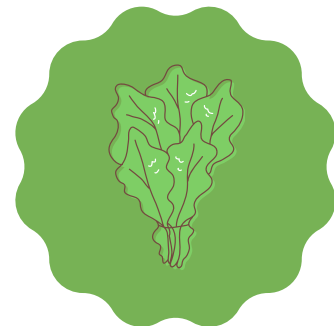
Potato

Papa



Banana

Plátano



Greens

Verdura

This is a fun way to make children more familiar with fruit and vegetables, which makes them more likely to try them!